

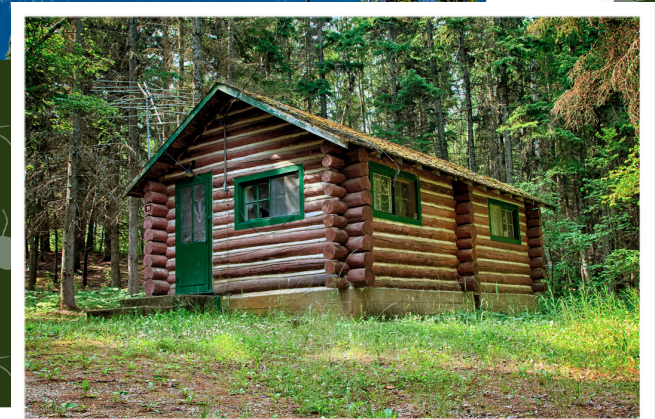


**FORTBEND**  
HEALTH & HUMAN SERVICES  
Prevent. Promote. Protect.



# TICK-BORNE RELAPSE FEVER

TBRF is a rare infection linked to sleeping in rustic cabins, particularly in mountainous areas of the western US.



## How do people get Relapse Fever?

- The bacteria that cause TBRF are transmitted by certain types of ticks, called “soft” ticks that live in the nests of squirrels, chipmunks, and other small animals.
- People become exposed when they sleep in cabins and other rustic buildings in which rodents have built nests.

## Symptoms

Symptoms can reoccur and produce a telltale pattern of fever lasting roughly 3 days, followed by 7 days without fever, followed by another 3 days of fever.



**High Fever**  
(e.g., 103°F)



**Headache**



**Muscle & Joint Aches**

**Pregnant women and the elderly are at greater risk of serious disease**

